



GLOBAL MIGRAINE & PAIN SUMMIT

4th MENA Meeting &

2nd Turkish African Meeting of Headache and Pain Management

April 16-19, 2020

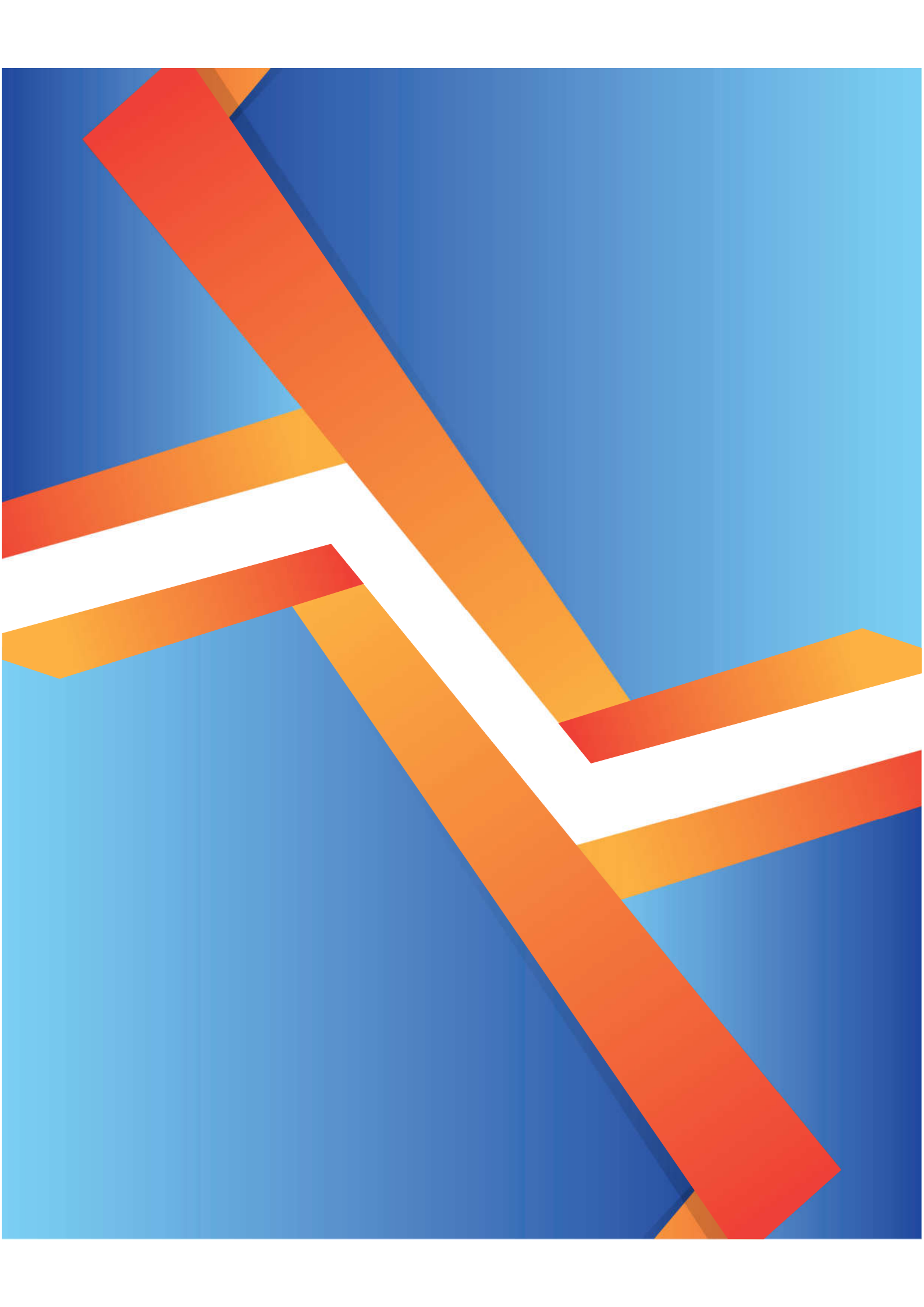
Akra Otel, Antalya, Turkey

Early registration: up to 31th January, 2020

Abstract deadline: 31th January, 2020



www.globalmigraine-pain.com



Day 1- April 16

08:30-09:00 **Introduction and Opening Remarks**

Aynur Özge, Hayrunnisa Bolay

09:00-10:30 Session I; Chairs: Callixte Kuate, Peter Goadsby

09:00-09:30 Clinical assessment and diagnostic challenges
in headache disorders

Peter Goadsby

09:30-10:00 How to diagnose migraine fast and accurately?

Betül Baykan

10:00-10:30 Cortical and diencephalic players in migraine

Hayrunnisa Bolay

10:30-11:00 Coffee Break

11:00-12:30 Session II; Chairs: Cristina Tassorelli, Najib Kissani

11:00-11:30 Choosing the efficient acute treatment for migraine

Abubaker Abdul Rahman Shaffi Al Madani

11:30-12:00 Choosing the right preventive treatment for migraine

Robert Cowan

12:00-12:30 Challenges in management of chronic headaches

Stefan Evers

12:30-13:30 Lunch

13:30-15:00 Session III; Chairs: Thierry Adoukonou, Hayrunnisa Bolay

13:30-14:00 CGRPs Pathway treatments and beyond

Cristina Tassorelli

14:00-14:30 Clinical diagnostic approach to trigemino-autonomic
autonomic cephalalgias

Esme Ekizoğlu

14:30-15:00 Current treatment options for trigemino-autonomic cephalalgias

Peter Goadsby

15:00-15:30 Coffee Break

15:30-17:00 Session IV; Chairs: Timothy Steiner, Derya Uludüz

15:30-16:00 Current Data on Global Headache Burden

Timothy Steiner

16:00-17:00 Panel Discussion: Regional Challenges in Headache Disorders

Najib Kissani, Callixte Kuate, Otgonbayar Luvsannorov,
Youssoufa Maiga, Tadessa Seda

17:00-19:00 Workshop: Interactive Case discussions-10 round tables

Round Table I; Derya Uludüz, Cristina Tassorelli

Round Table II; Edward Mbewe, Callixte Kuate,

Round Table III; Mansoureh Togha, Füsün Mayda Domaç

Round Table IV; Ramez Reda Moustafa, Betül Baykan

Round Table V; Aynur Özge, Hossein Ansari

Round Table VI; Youssoufa Maiga, Doğa Vurallı

Round Table VII; Lala Seck, Stefan Evers

Round Table VIII; Krishna Kumar Oli, Najib Kissan

Round Table IX; Fayyaz Ahmed, Güliden Akdal

Day 2- April 17

07:30-08:15 Session V; Oral presentations

Esme Ekizoğlu, Doğa Vurallı, Aynur Özge

08:30-10:30 Session VI; Chairs: Krishna Kumar Oli, Işık Ünal Çevik

08:30-09:00 Practical approach to headache during pregnancy and puerperium

Füsün Mayda Domaç

09:00-09:30 Migraine and gut; bidirectional effect

Mansoureh Togha

09:30-10:00 Migraine and vascular co-morbidities

Derya Uludüz

10:00-10:30 Migraine related depression

Yared Mamushed

10:30-11:00 Coffee Break - Poster presentations

11:00-13:00 Session VII; Chairs: Youssoufa Maiga, Gülden Akdal

11:00-11:30 Headache in children and adolescence

Ishaq Abu Arafah

11:30-12:00 Update on headache related to intracranial pressure changes

Otgonbayar Luvsannorov

12:00-12:30 How to recognize and manage geriatric headache?

Aynur Özge

12:30-13:00 How to diagnose and treat vestibular migraine?

Doğa Vurallı

13:00-14:00 Lunch

14:00-16:00 Session VIII; Chairs: Tadessa Seda, Stela Odobescu

14:00-14:30 Practical approach to chronic migraine

Fayyaz Ahmed

14:30-15:00 Management of medication overuse headache

Ramez Reda Mustafa

15:00-15:30 Update on Trigeminal Neuralgia

Najib Kissani

15:30-16:00 Facial pain with focus on autoimmune disorder

Hossein Ansari

16:00-16:30 Coffee Break - Poster presentations

16:30-17:00 **Debate** on migraine attack treatment (30 min)- **Betül Baykan**

17:00-17:45 Nonsteroidal anti-inflammatory drugs and triptans are superior to gepants for acute treatment of migraine

Pro- **Hayrunnisa Bolay** (15 min)

Cons- **Robert Cowan** (15 min)

Discussion (15 min)

17:45-19:00 Workshop: Regional differences in HA education, needs, opportunities

Presentation of research project proposals for future collaboration

Tadesse Seda, Ramez Reda Mustafa, Otgonbayar Luvsannorov,

Youssufa Maiga, Mansureh Togha, Lala Seck, Krishna Kumar Oli,

Najib Kissani, Stela Odobescu, Abubaker Abdul Rahman Shaffi Al

Madani, Timothy Steiner, Peter Goadsby, Robert Cowan,

Aynur Özge, Derya Uludüz, Hayrunnisa Bolay, Hossein Ansari,

Fayyaz Ahmed, Ishaq Abu Arafah

20:00

Dinner

Day 3- April 18

07:45-08:45 Session IX; Oral presentations

Devrimsel Harika Ertem, Samiye Ulutaş, Aynur Özge

09:00-12:00 Session IX; Interventional treatment in headache, anatomy and mechanisms of practical procedures

(Derya Uludüz, Fayyaz Ahmed, Hussein Ensari, Ramez Rada Mustafa, Gül Köknel Talu, Süleyman Özyalçın, Cemal Çevik, Tuğba Tunç, Işık Ünal Çevik)

- I) Group activity practical course: Peripheral nerve blocks, GON, LON, SON, Sphenopalatine ganglion blocks, trigger point injections,
- II) Group activity practical course: Onabotulinumtoxin A injections
- III) Group activity practical course: Dry needling & Acupuncture
- IV) Group activity practical course: Facial pain

12:00-12:30 Key Messages and Closing Remarks

12:30-13:30 Lunch

14:00-19:00 Social program

